



SALLISAW PUBLIC SCHOOLS

Sallisaw Middle School Breakfast and Lunch Menu December 2024



Alternate Cereal, Oatmeal & Yogurt Bar available for
Breakfast Daily

Breakfast and Lunch Served with variety milk choice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>Sallisaw Public Schools is proud to announce that Breakfast and Lunch will be served FREE to Liberty, Eastside, Sallisaw Middle School and Sallisaw High School students for the 2024-2025 school year.</p>		
2	3	4	5	6
Cheese Omelet and Toast Fruit Juice, Milk	Waffles Fruit Juice, Milk	Donut Fruit Juice, Milk	Breakfast Burrito Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
Cheeseburger Potato Wedges Fresh Fruit and Vegetable Bar Oatmeal Cookie Milk	Burrito w/ Cheese Sauce Spanish Rice Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Chicken Tenders Mashed Potatoes and Gravy Carrots WG Hot Roll Fresh Fruit and Vegetable Bar Milk	Spaghetti Green Beans Garlic Stick Fresh Fruit and Vegetable Bar Milk	Fish Sticks Pinto Beans Coleslaw & Hushpuppies Fresh Fruit and Vegetable Bar Orange Sherbert Milk
Corn Dog/Tots	SAME	Chicken Nuggets/Veggie	SAME	Pizza /Veggie
9	10	11	12	13
Sausage and Cheese Biscuit Fruit Juice, Milk	Pancake on a Stick Fruit Juice, Milk	Funnel Cake Strawberries Juice, Milk	Breakfast Pizza Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
Toasted Cheese Sandwich Tomato Soup Fresh Fruit and Vegetable Bar Cake & Strawberries Milk	Loaded Chicken Waffle Fries Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Popcorn Chicken Mashed Potatoes and Gravy Sweet Corn WG Hot Roll Fresh Fruit and Vegetable Bar Milk	Teriyaki or General Tso Chicken Steamed Rice Roasted Broccoli Fresh Fruit and Vegetable Bar Fortune Cookie Milk	Sub Sandwich Lettuce, Tomato and Pickles SunChips Fresh Fruit and Vegetable Bar Ice Cream Milk
Corn Dog/Veggie	SAME	Chicken Nuggets/Veggie	SAME	Pizza/Veggie
16	17	18	19	20
Sausage, Egg & Cheese Biscuit Fruit Juice, Milk	French Toast Sticks Fruit Juice, Milk	Long John Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk	NO SCHOOL
Chili Dog Shredded Cheese Tator Tots Fresh Fruit and Vegetable Bar Chocolate Chip Cookie Milk	Crispito w/ Cheese Sauce Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Christmas Dinner Milk	Pizza Cesar Salad Fruit Cup Ice Cream Sandwich Milk	
SAME	SAME	SAME	SAME	
23	24	25	26	27
<p>*****CHRISTMAS BREAK DECEMBER 20th - January 3rd*****</p>				
30	31	1	2	3

Menu Subject to Change According to Product Availability

This institution is an equal opportunity provider.