



SALLISAW PUBLIC SCHOOLS

Sallisaw Middle School Breakfast and Lunch Menu February 2025



Alternate Cereal, Oatmeal & Yogurt Bar available for
Breakfast Daily

Breakfast and Lunch Served with variety milk choice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>Sallisaw Public Schools is proud to announce that Breakfast and Lunch will be served FREE to Liberty, Eastside, Sallisaw Middle School and Sallisaw High School students for the 2024-2025 school year.</p>		
3	4	5	6	7
Biscuits and Gravy Fruit Juice, Milk	Pancakes Fruit Juice, Milk	Donut Fruit Juice, Milk	Breakfast Nachos Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
Spicy Chicken Sandwich Lettuce, Tomato and Pickles French Fries Fresh Fruit and Vegetable Bar Chocolate Chip Cookie Milk	Indian Taco Pinto Beans Salsa Fresh Fruit and Vegetable Bar Milk	Hamburger Steak Mashed Potatoes & Gravy Carrots WG Hot Roll Fresh Fruit and Vegetable Bar Milk	Chicken Spaghetti Spinach Salad Breadstick Fresh Fruit and Vegetable Bar Milk	Build Your Own Salad Bar "Fixins" Crackers Fresh Fruit and Vegetable Bar Banana Pudding Milk
Corn Dog/FF	SAME	Chicken Nuggets/Potato	SAME	Pizza/Salad
0	11	12	13	14
Biscuits and Gravy Fruit Juice, Milk	French Toast Sticks Fruit Juice, Milk	Funnel Cake Strawberries & Cream Juice, Milk	Breakfast Pizza Fruit Juice, Milk	
Toasted Cheese Sandwich Tomato Soup Fresh Fruit and Vegetable Bar Cake and Strawberries Milk	Loaded Chicken Waffle Fries Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Chicken Tenders Mashed Potatoes & Gravy Mixed Vegetables WG Hot Roll Fresh Fruit and Vegetable Bar Milk	Orange Chicken "Ramen" Noodles Roasted Veggies Fresh Fruit and Vegetable Bar Fortune Cookie Milk	
Corn Dog/Potato Soup	SAME	Chicken Nuggets/Potato	SAME	
17	18	19	20	21
NO SCHOOL	Waffles Fruit Juice, Milk	Donut Holes Fruit Juice, Milk	Breakfast Boat Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
	Burrito w/ Cheese Sauce Spanish Rice Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Roasted Chicken Mashed Potatoes & Gravy Peas WG Hot Roll Fresh Fruit and Vegetable Bar Milk	Vegetable Beef Soup Cheese Stick Crackers Fresh Fruit and Vegetable Bar Cinnamon Roll Milk	Fish Sticks "Fried" Potatoes Pinto Beans Fresh Fruit and Vegetable Bar Orange Sherbert Milk
	SAME	Chicken Nuggets/Potato	SAME	Pizza/Salad
24	25	26	27	28
Biscuits and Gravy Fruit Juice, Milk	Pancake on a Stick Fruit Juice, Milk	Long John Fruit Juice, Milk	Breakfast Burrito Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
Chili Dog Tater Tots Fresh Fruit and Vegetable Bar Oatmeal Raisin Cookie Milk	Crispito w/ Cheese Sauce Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Chicken Chunks Mashed Potatoes & Gravy Sweet Corn WG Hot Roll Fresh Fruit and Vegetable Bar Milk	Egg Roll Lo Mein Noodles Stir Fry Veggies Fresh Fruit and Vegetable Bar Fortune Cookie Milk	Sub Sandwich Lettuce, Tomato and Pickles Potato Chips Fresh Fruit and Vegetable Bar Potato Soup Chocolate Cake and Milk
CornDog/Veggie	SAME	Chicken Nuggets/Potato	SAME	Pizza/Salad

Menu Subject to Change According to Product Availability

This institution is an equal opportunity provider.