



# SALLISAW PUBLIC SCHOOLS

## Sallisaw High School Breakfast and Lunch Menu February 2025



Alternate Cereal, Oatmeal & Yogurt Bar available for  
Breakfast Daily

Breakfast and Lunch Served with variety milk choice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>Sallisaw Public Schools is proud to announce that Breakfast and Lunch will be served FREE to Liberty, Eastside, Sallisaw Middle School and Sallisaw High School students for the 2024-2025 school year.</p>		
3	4	5	6	7
Oatmeal and Cinnamon Toast Fruit Juice, Milk	Pancake on a Stick Fruit Juice, Milk	Breakfast Pizza Fruit Juice, Milk	Breakfast Boat Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
Potato Soup Spicy Italian Slider Crackers Fresh Fruit and Vegetable Bar Cookie Milk	Cheesy Chicken Nachos Salsa Fresh Fruit and Vegetable Bar Milk	Salisbury Steak Mashed Potatoes & Gravy WG Hot Roll Fresh Fruit and Vegetable Bar Milk	Bacon Cheese Burger French Fries Baked Beans Fresh Fruit and Vegetable Bar Milk	Build Your Own Sub Sandwich "Fixins" Lettuce, Tomato and Pickles Potato Chips Milk
Vegetable Soup/Crackers	Burrito/Chips and Salsa	Chicken Nuggets/Potato	Hamburger/French Fries	Pizza/Salad
0	11	12	13	14
Chicken Biscuit Fruit Juice, Milk	Smoothie and WG Toast Fruit Juice, Milk	Sausage Biscuit Fruit Juice, Milk	Donuts Fruit Juice, Milk	
Fish Sticks Hushpuppies French Fries Fresh Fruit and Vegetable Bar Cookie Milk	Taco Bar Black Beans Shredded Cheese Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Chicken Fried Steak Mashed Potatoes & Gravy WG Hot Roll Fresh Fruit and Vegetable Bar Milk	Loaded Chicken Waffle Fries Sliced Bread and Butter Fresh Fruit and Vegetable Bar Ice Cream Milk	
Corn Dog/Broccoli and Cheese	Chicken Quesadilla/Black Beans	Chicken Nuggets/Potato	Hamburger/Wedges	
17	18	19	20	21
NO SCHOOL	Pancake on a Stick Fruit Juice, Milk	Breakfast Pizza Fruit Juice, Milk	Muffins Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
	SHS Special Rice, Chicken and Cheese Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Chicken Tenders Mashed Potatoes & Gravy WG Hot Roll Fresh Fruit and Vegetable Bar Milk	Spaghetti w/ Meat Sauce Sweet Peas Garlic Stick Fresh Fruit and Vegetable Bar Milk	Chicken Caesar Wrap Fresh Broccoli and Carrots Fresh Fruit and Vegetable Bar Banana Pudding Milk
	Chipotle Chicken Flatbread/Veggie	Chicken Nuggets/Potato	Hamburger/Veggie	Pizza/Salad
24	25	26	27	28
Omelet, Bacon and WG Toast Fruit Juice, Milk	Chicken and Waffles Fruit Juice, Milk	Sausage Biscuit Fruit Juice, Milk	Funnel Cake Strawberries Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
Hot Honey Chicken Croissant Potato Chips Grilled Veggies Fresh Fruit and Vegetable Bar Cookie Milk	Chili and Cheese Crispito Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Chicken Nuggets Mashed Potatoes & Gravy WG Hot Roll Fresh Fruit and Vegetable Bar Milk	Macaroni and Cheese Little Smokies Green Beans Biscuit Fresh Fruit and Vegetable Bar Milk	Pizza Spinach Salad Fresh Fruit and Vegetable Bar Peach Crisp and Ice Cream Milk
Grilled Chicken Sandwich/Chips	Chicken Crispito/Beans	SAME	Hamburger/Wedges	Pizza/Salad

\*\*\*Menu Subject to Change According to Product Availability\*\*\*

This institution is an equal opportunity provider.