



SALLISAW PUBLIC SCHOOLS

Sallisaw High School Breakfast and Lunch Menu August 2024

Welcome
**BACK TO
SCHOOL**

Alternate Cereal, Oatmeal or Yogurt bar available daily for

Breakfast and Lunch Served with variety milk choice

| MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|----|----------|----|----------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|
| | | | | <p>Sallisaw Public Schools is proud to announce that ALL sites will eat FREE for the 2024- 2025 School Year.</p> | | | | | |
| | | | | | | | | | |
| 5 | 6 | 7 | 8 | 9 | 12 | 13 | 14 | 15 | 16 |
| | | | Sausage Biscuit Fruit Juice, Milk | Biscuits and Gravy Fruit Juice, Milk | | | | Chicken Tenders Mashed Potatoes Gravy WG Hot Roll Fresh Fruit and Vegetable Bar Milk | Ham and Cheese Sandwich Potato Chips Veggies and Dip Fresh Fruit and Vegetable Bar Cookie Milk |
| | | | SAME | Pizza/Salad | | | | | |
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| Omelet and Toast Fruit Juice, Milk | Pancake on a Stick Fruit Juice, Milk | Breakfast Pizza Fruit Juice, Milk | Donut Fruit Juice, Milk | Biscuits and Gravy Fruit Juice, Milk | | | | | |
| Corn Dog Steamed Broccoli Cheese Sauce Fresh Fruit and Vegetable Bar Milk | SHS Special Chicken, Cheese & Rice Chips and Salsa Fresh Fruit and Vegetable Bar Milk | Chicken Fried Steak Mashed Potatoes & Gravy Sliced Carrots WG Hot Roll Fresh Fruit and Vegetable Bar Milk | Cheeseburger Lettuce, Tomato and Pickle French Fries Baked Beans Fresh Fruit and Vegetable Bar Milk | Pizza Strawberry Spinach Salad Fresh Fruit and Vegetable Bar Cookie Milk | | | | | |
| Spicy Chicken Sandwich/Broccoli | Taco's/ Chips and Salsa | Nuggets/Potato/Roll | Hamburger/Tater Tots | Pizza/Salad | | | | | |
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| Smoothie and WG Toast Fruit Juice, Milk | Funnel Cake Strawberries Juice, Milk | Sausage Biscuit Fruit Juice, Milk | Breakfast Boat Fruit Juice, Milk | Biscuits and Gravy Fruit Juice, Milk | | | | | |
| Pig-n-Blanket Dipping Sauce Roasted Veggies Fresh Fruit and Vegetable Bar Banana Pudding Milk | Taco Salad Pinto Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk | Chicken Nuggets Mashed Potatoes & Gravy Black Eyed Peas WG Hot Roll Fresh Fruit and Vegetable Bar Milk | Spaghetti w/ Meat Sauce Green Beans Garlic Stick Fresh Fruit and Vegetable Bar Milk | Build Your Own Salad Bar "Fixins" Crackers Fruit Apple Crisp Milk | | | | | |
| Chicken Sandwich/Roasted Veggies | Burrito/Beans/Chips & Salsa | SAME | Hamburger/Wedges | Pizza/Salad | | | | | |
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| Muffins Fruit Juice, Milk | High School Griddle Fruit Juice, Milk | Breakfast Pizza Fruit Juice, Milk | Ham, Egg and Cheese Croissant Fruit Juice, Milk | Biscuits and Gravy Fruit Juice, Milk | | | | | |
| SHS Lunchable Ham, Cheese and Crackers Baby Carrots and Ranch Sliced Apples and Caramel Fresh Fruit and Vegetable Bar Milk and Cooke | Cirspito w/ Cheese Sauce Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk | Salisbury Steak Mashed Potatoes & Gravy Sweet Peas WG Hot Roll Fresh Fruit and Vegetable Bar Milk | Toasted Cheese Sandwich Tomato Soup & Crackers Grilled Veggies Fresh Fruit and Vegetable Bar Milk | Loaded Baked Potato Bar Pulled Pork or Diced Ham "Fixins" Garlic Toast Fresh Fruit and Vegetable Bar Milk and Cookie | | | | | |
| Meatball Sub/Veggie | SAME | Nuggets/Potato/Roll | Hamburger/Tots | Pizza/Salad | | | | | |

*** Menu Subject to Change According to Product Availability***

This institution is an equal opportunity provider.