



SALLISAW PUBLIC SCHOOLS

Liberty Elementary School

Breakfast and Lunch Menu

November 2024



Alternate Cereal Choice Available for Breakfast

No Sack Lunches Available

Breakfast and Lunch Served with variety milk choice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Sallisaw Public Schools is proud to announce that Breakfast and Lunch will be served FREE to Liberty, Eastside, Sallisaw Middle School and Sallisaw High School students for the 2024-2025 school year.		
Breakfast Pizza Fruit Juice, Milk Breaded Chicken Sandwich Baked Beans Fresh Fruit and Vegetable Bar Rosy Pears Milk	Donuts Fruit Juice, Milk Beef Taco Salsa Sweet Corn Fresh Fruit and Vegetable Bar Milk	Pancake on a Stick Fruit Juice, Milk Chicken Tenders Mashed Potatoes WG Hot Roll Fresh Fruit and Vegetable Bar Strawberry Milk	Biscuits and Gravy Sausage and Fruit Juice, Milk Spooky Spaghetti Goulish Green Beans Ghostly Garlic Stick Fresh Fruit and Vegetable Bar Oogie Boogie Jello Milk	Cereal and Toast Fruit Juice, Milk Toasted Cheese Sandwich Tomato Soup Crackers Fresh Fruit and Vegetable Bar Milk
***** RED RIBBON WEEK *****				
4	5	6	7	8
Sausage Biscuit Fruit Juice, Milk Pizza Sub Tossed Salad Fresh Fruit and Vegetable Bar Milk	Blueberry Bread Fruit Juice, Milk Vegetable Beef Soup Cheese Stick Crackers Fresh Fruit and Vegetable Bar Cinnamon Roll Milk	Waffles Fruit Juice, Milk Chicken Nuggets Mashed Potatoes WG Hot Roll Fresh Fruit and Vegetable Bar Milk	Biscuits and Gravy Sausage and Fruit Juice, Milk Fish Sticks Pinto Beans "Fried" Potatoes Fresh Fruit and Vegetable Bar Milk	
11	12	13	14	15
Breakfast Pizza Fruit Juice, Milk Turkey Bacon Wrap Cherry Tomatoes Fresh Fruit and Vegetable Bar Cookie Milk	Cinnamon Toast Fruit Juice, Milk Chicken and Noodles Green Peas Go Gurt Cornbread Fresh Fruit and Vegetable Bar Milk	Yogurt Parfait Fruit Juice, Milk Breakfast for Lunch Scrambled Eggs and Sausage Hasbrown WG Toast Fruit Milk	Biscuit and Gravy Sausage and Fruit Juice, Milk Burrito Sweet Corn Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Cereal and Toast Fruit Juice, Milk BBQ Sandwich Baked Beans Pickle Fresh Fruit and Vegetable Bar Milk
18	19	20	21	22
Sausage and Egg Biscuit Fruit Juice, Milk Hamburger Pork n Beans Fresh Fruit and Vegetable Bar Milk	Yogurt and Grahams Fruit Juice, Milk Chicken Quesadilla Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Pop Tarts Fruit Juice, Milk Corn Dog Steamed Broccoli Fresh Fruit and Vegetable Bar Milk	Cereal and Grahams Fruit Juice, Milk Thanksgiving Dinner 	Biscuits and Gravy Sausage and Fruit Juice, Milk Cheese Pizza Baby Carrots Fruit Milk

*****THANKSGIVING BREAK November 25th - November 29th*****

Menu Subject to Change According to Product Availability

This institution is an equal opportunity provider.