



SALLISAW PUBLIC SCHOOLS

Liberty Elementary School

Breakfast and Lunch Menu

August 2022



Alternate Cereal choice available daily for Breakfast

Breakfast and Lunch Served with variety milk choice

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|--|--|
| | | <p>Sallisaw Public Schools is proud to announce that Breakfast and Lunch will be served FREE to Liberty, Eastside and Sallisaw Middle School for the 2022-2023 school year.</p> | | |
| 8 | 9 | 10 | 11 | 12 |
| | | | Grahams Fruit Juice, Milk | Cereal and Animal Crackers Fruit Juice, Milk |
| | | | Corn Dog Tator Tots Fruit Milk | Pepperoni Pizza Baby Carrots w/ Ranch Fruit Milk |
| 15 | 16 | 17 | 18 | 19 |
| Sausage Biscuit Fruit Juice, Milk | Yogurt and Grahams Fruit Juice, Milk | French Toast Sticks Fruit Juice, Milk | Biscuits and Gravy Sausage and Fruit Juice, Milk | Cereal and WG Toast Fruit Juice, Milk |
| Hamburger French Fries Fruit Salad Bar Cookie Milk | Macaroni and Cheese Sausage Roll Green Beans Fruit Salad Bar Milk | Chicken Nuggets Mashed Potatoes & Gravy Hot Roll Fruit Salad Bar Milk | Chicken Taco Refried Beans Salsa and Chips Fruit Salad Bar Milk | Sausage Pizza Tossed Salad Fruit Jello Milk |
| 22 | 23 | 24 | 25 | 26 |
| Breakfast Pizza Fruit Juice, Milk | Cinnamon Toast Fruit Juice, Milk | Pancake on a Stick Fruit Juice, Milk | Biscuits and Gravy Sausage and Fruit Juice, Milk | Cereal and WG Toast Fruit Juice, Milk |
| Hot Dog Baked Beans Fruit Salad Bar Cookie Milk | Chicken and Noodles Green Peas Go-Gurt Fruit Salad Bar Milk | Chicken Fried Steak Fingers Mashed Potatoes & Gravy Hot Roll Fruit Salad Bar Milk | Frito Chili Pie Shredded Cheese Corn on the Cob Fruit Salad Bar Milk | Fish Sticks French Fries Fruit Salad Bar Ice Cream Milk |
| 29 | 30 | 31 | 1 | 2 |
| Sausage Biscuit Fruit Juice, Milk | Donuts Fruit Juice, Milk | Mini Waffles Fruit Juice, Milk | Biscuits and Gravy Sausage and Fruit Juice, Milk | Cereal and WG Toast Fruit Juice, Milk |
| Ham and Cheese Flatbread Potato Chips Broccoli Fruit Salad Bar Milk | Spaghetti Green Beans Cheese Stick Fruit Salad Bar Milk | Breakfast for Lunch Scrambled Eggs and Sausage Links Hashbrown WG Toast Fruit and Juice Milk | Beef Taco Spanish Rice Chips and Salsa Fruit Salad Bar Milk | Toasted Cheese Sandwich French Fries Strawberries and Cake Salad Bar Milk |

Menu Subject to Change According to Product Availability

This institution is an equal opportunity provider.