



SALLISAW PUBLIC SCHOOLS

Sallisaw High School

Breakfast and Lunch Menu

February 2012

Breakfast and Lunch are served daily with a choice of
1% white or fat-free chocolate milk.

Meal charges are due weekly.
Charge limit is \$10.00

Monday	Tuesday	Wednesday	Thursday	Friday
30	31	1	2	3
Biscuits and Gravy Fruit Juice and Milk	Pancake on a Stick Fruit Juice and Milk	Breakfast Pizza Fruit Juice and Milk	Scrambled Eggs, Sausage Links and Toast Juice and Milk	Biscuits and Gravy Fruit Juice and Milk
MrRibb Macaroni Salad Salad and Fruit Bar Cookie Milk	Ham and Beans Fried Potatoes Salad and Fruit Bar Cornbread Milk	Meatloaf Mashed Potatoes Gravy Salad and Fruit Bar Hot Roll Milk	Toasted Cheese Sandwich Potato Wedges Salad and Fruit Bar Strawberries Cake Milk	Burrito Salsa and Chips Salad and Fruit Bar Fruit Crisp Milk
Chicken Sandwich/FF	Corn Dog/Vegetable	Chicken Nuggets/Potato	Hamburger/FF	Pizza/Salad Bar
6	7	8	9	10
Donut Fruit Juice and Milk	Sausage Biscuit Fruit Juice and Milk	Cereal and Toast Fruit Juice and Milk	French Toast Sticks, Sausage Links and Fruit Juice and Milk	Biscuits and Gravy Fruit Juice and Milk
BBQ Chicken Sandwich Seasoned Wedges Salad and Fruit Bar Cookie Milk	Spaghetti and Meat Sauce Buttered Peas Salad and Fruit Bar Garlic Toast Milk	Popcorn Chicken Bowl Mashed Potatoes Corn Salad and Fruit Bar Hot Roll Milk	Chili and Cheese French Fries Salad and Fruit Bar Crackers Fudge Bar Milk	Corn Dog Broccoli and Cheese Salad and Fruit Bar Pudding Milk
Soup and Sandwich	Crispito/Bean Dip and Chips	Chicken Nuggets/Potato	Same on Both Sides	Pizza/Salad Bar
13	14	15	16	17
Long John Fruit Juice and Milk	Pancake on a Stick Fruit Juice and Milk	Breakfast Pizza Fruit Juice and Milk	Sausage and Egg Biscuit Fruit Juice and Milk	Biscuits and Gravy Fruit Juice and Milk
Toasted Cheeseburger Steak Fries Salad and Fruit Bar Cookie Milk	Beef Tacos Shredded Cheese Corn Salad and Fruit Bar Valentine Cake Milk	Chicken Fried Steak Mashed Potatoes Gravy Salad and Fruit Bar Hot Roll Milk	Chicken Pot Pie Green Beans Salad and Fruit Bar Jello Milk	French Bread Pizza Spaghetti Salad Salad and Fruit Bar Fruit Crisp Milk
Chicken Sandwich/FF	Corn Dog/Vegetable	Chicken Nuggets/Potato	Hamburger/FF	Pizza/Salad Bar
20	21	22	23	24
 No School	Sausage Biscuit Fruit Juice and Milk	Cereal and Toast Fruit Juice and Milk	Pancakes and Sausage Fruit Juice and Milk	Biscuits and Gravy Fruit Juice and Milk
	Chicken Fajitas Fajita Vegetables Salad and Fruit Bar Peach Cobbler Ice Cream Milk	Salisbury Steak Mashed Potatoes Gravy Salad and Fruit Bar Hot Roll Milk	Mexican Casserole Buttered Green Peas Salsa and Jalepenos Salad and Fruit Bar Milk	Chef Salad Ham, Cheese and Egg 1/2 Baked Potato Salad and Fruit Bar Crackers Milk
	Crispito/Bean Dip and Chips	Chicken Nuggets/Potato	Hamburger/FF	Pizza/Salad Bar
27	28	29	1	2
Long John Fruit Juice and Milk	Pancake on a Stick Fruit Juice and Milk	Breakfast Pizza Fruit Juice and Milk	Breakfast Burrito Salsa Juice and Milk	Biscuits and Gravy Fruit Juice and Milk
Sloppy Joe Tator Tots Salad and Fruit Bar Cookie Milk	Macaroni and Cheese Baked Ham Green Beans Salad and Fruit Bar Biscuit Milk	Baked Chicken Mashed Potatoes Salad and Fruit Bar Hot Roll Milk	Meatball Sub Shredded Cheese Spinach Salad and Fruit Bar Brownie Milk	Chicken Quesadilla Chips and Salsa Salad and Fruit Bar Fruit Crisp Milk
Chicken Sandwich/FF	Corn Dog/Vegetable	Chicken Nuggets/Potato	Hamburger/FF	Pizza/Salad Bar

USDA is an equal opportunity provider and employer.