



SALLISAW PUBLIC SCHOOLS

Liberty Elementary School

Breakfast and Lunch Menu

February 2012

Breakfast and Lunch are served daily with a choice of 1% white or fat-free chocolate milk.

Monday	Tuesday	Wednesday	Thursday	Friday
Available to KG, Transition, 1st and 2nd Grade		Sack Lunch	Available to Transition, 1st and 2nd Grade	
Turkey and Cheese Sandwich Goldfish Crackers, Fruit, Juice, Milk		Available to Transition, First and Second Grade	Peanut Butter and Jelly Sandwich Cheese Stick, Fruit, Juice, Milk	
30	31	1	2	3
Sausage Biscuit Fruit Juice, Milk	Donut Cinnamon Apples Juice, Milk	Pancakes Syrup Juice, Milk	Wheat Toast and Jelly Fruit Juice, Milk	Biscuits & Gravy Sausage and Fruit Juice, Milk
Ham and Cheese Sub French Fries Juice Cake Milk	Spaghetti and Meat Sauce Green Beans Fruit Cheese Toast Milk	Chicken Tenders Mashed Potatoes Fruit Hot Roll Milk	Mexican Casserole Corn Tortilla Chips Orange Slices Milk	Stuffed Crust Pepperoni Pizza Veggie's and Ranch Fruit Cobbler Milk
6	7	8	9	10
Breakfast Pizza Rosy Applesauce Juice, Milk	Cinnamon Toast Fruit Juice, Milk	French Toast Sticks Fruit Juice, Milk	Cereal and Grahams Fruit Juice, Milk	Biscuits & Gravy Sausage and Fruit Juice, Milk
Hamburger Tator Tots Pickles Cookie Milk	Macaroni and Cheese Little Smokies Green Beans Fruit Biscuit and Milk	Baked Ham Mashed Potatoes Fruit Hot Roll Milk	Toasted Cheese French Fries Pork and Beans Strawberries and Cake Milk	Mini Corn Dogs Broccoli and Cheese Fruit Pudding Milk
13	14	15	16	17
Sausage Biscuit Fruit Juice, Milk	Cereal and Grahams Fruit Juice, Milk	Pancake on a Stick Syrup Juice, Milk	Scrambled Eggs Sausage Links, Wheat Toast Juice, Milk	Biscuits & Gravy Sausage and Fruit Juice, Milk
BBQ Sandwich BBQ Beans Corn Chips Fruit Milk	Chili Dog Tator Tots Fruit Valentine Ice Cream Milk	Baked Chicken Mashed Potatoes Fruit Hot Roll Milk	Beef and Cheese Nachos Corn Frozen Fruit Cup Milk	Stuffed Crust Sausage Pizza Salad and Ranch Fruit Jello Milk
20	21	22	23	24
 Presidents' Day NO SCHOOL	Yogurt & Wheat Toast Juice Milk	Waffle Sticks Fruit Juice, Milk	Funnel Cake Strawberries Juice, Milk	Biscuits & Gravy Sausage and Fruit Juice, Milk
	Chicken and Noodles Green Beans Boiled Egg Corn Bread Juice, Milk	Chicken Fried Steak Fingers Mashed Potatoes Fruit Hot Roll Milk	Vegetable Soup Cheese Stick Crackers Cinnamon Roll Milk	Stuffed Crust Cheese Pizza Veggie's and Ranch Pudding Milk
27	28	29	1	2
Breakfast Pizza Rosy Applesauce Juice, Milk	Long John Fruit Juice, Milk	Pancakes and Syrup Fruit Juice, Milk	Cereal and Toast Fruit Juice, Milk	Biscuits & Gravy Sausage and Fruit Juice, Milk
Turkey and Cheese Wrap Potato Wedges Fruit Cookie Milk	Breakfast for Lunch Scrambled Eggs Hash Brown Potatoes Sausage and Biscuit Juice, Milk	Chicken Nuggets Mashed Potatoes Fruit Hot Roll Milk	Beef Taco Shredded Cheese Corn Frozen Fruit Bar Milk	Hot Dog Pork and Beans Fruit Salad Milk

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